



PRESS RELEASE

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Van Metre’s Annual 5-Mile Run Announces 26th Annual Event in Ashburn

Ashburn, Virginia (October 6th, 2017) – Van Metre Companies announces their Annual 5 Mile Run to benefit Children’s National Health System for its 26th straight year on Saturday, April 14th, 2018 at Broadlands, in Ashburn, Virginia. After 25+ years of extraordinary achievement, this event will pass the quarter-century mark with a fresh, new look, honoring the success of Van Metre Companies as one of the regions Top Ten Builders. Annually drawing over 500 participants from across the Washington, D.C. Metropolitan area, this springtime tradition of giving back to those in need looks to raise over \$200,000 through contributions from race supporters and sponsors alike.

Whether an avid runner or occasional jogger, this event provides participants a perfect atmosphere filled with entertainment and excitement. Following a traditional format, the 26th Annual 5 Mile Run will use a ChronoTrack race timing system with a disposable D-tag on a USATF certified course that is tailored to participants of all skillsets, including those with young children, strollers, or even pets! If you’re unable to attend the event, or know someone outside the area who would like to participate, our ‘Virtual Runner’ category will return to this year’s event! Register as a ‘Virtual Runner’ and complete a 5-mile course anywhere on the globe on or before the same date, and your time will be ranked amongst fellow participants. Activities will include face painting, a live DJ, race-day specials from local businesses, and a visit from Dr. Bear at the Awards Reception and Great Toy Giveaway; as well, attendees will have an opportunity to donate blood at the Children’s National BloodMobile.

The Van Metre Companies 5 Mile Run has generated over \$2 million dollars to date in donations for Children’s National Health System, a non-profit institution providing total pediatric care to children from birth-through-21 years of age, regardless of race, creed, or geographic boundary. In 2017, the money generated through the 25th Annual Van Metre 5 Mile Run went to funding Dr. Berul and his team of 38 cardiologists at Children’s National with new treatment explorations directed at providing the best possible care for children with congenital heart disease, the most prominent birth defect; as well as providing start-up support for several additional promising research projects. Their novel work has been presented at the American Heart Association and the Heart Rhythm Society and was recently published in three scientific journal articles.

Van Metre Companies welcomes any and all to register for this fantastic event! To sign up for the race, donate or for further information regarding sponsorship packages, please visit the official event webpage at: www.VanMetre5MileRun.org. Be sure to join us on Facebook and follow us on Instagram!

For more than 60 years, Van Metre Companies has been one of the Greater Washington D.C. area’s most successful private, multi-disciplinary real estate developers. With a penchant for quality and unparalleled customer service, their portfolio of masterfully-planned communities featuring new homes, offices, apartments and retail centers have received honorable recognition including Developer of the Year, Top Workplace and Leading Corporate Philanthropy from across the industry. Van Metre Companies continues to strengthen and enrich the lives of those who work, live, play and shop in the communities they serve. Van Metre. Commitment that endures.

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